



# KURANDA

## GLUTEN FREE

FROM OUR HUMBLE BEGINNINGS IN A COTTAGE KITCHEN IN FAR NORTH QUEENSLAND AUSTRALIA, OUR GOAL HAS ALWAYS REMAINED THE SAME, TO NEVER COMPROMISE ON QUALITY AND TO ALWAYS DELIVER NUTRITIOUS AND DELICIOUS PRODUCTS TO OUR FAMILY AND FRIENDS.

EVERYTHING IS MADE LOVINGLY IN-HOUSE BY OUR TEAM OF HEALTH NUTS AND DESIGNED TO SUIT A VARIETY OF DIETARY NEEDS. WITH SELECTED PRODUCTS TO SUIT VEGAN, LOW GI, LOW SUGAR, LOW SALT DIETS AND MORE.

### LOW GI CHIA BARS

Our bars are made from plant based wholefood ingredients to enhance healthy lifestyle choices and meet dietary needs

#### NUTRITIONAL ENHANCEMENTS:

Low GI Rating · Fructose Friendly · Vegan · Diabetic Friendly

#### REFRESHED BRANDING & VIBRANT NEW PACKAGING DESIGN:

New Kuranda Gluten Free logo highlighting new branding design and enhancements.

New Australian Made logo clearly highlighting percentage of Australian ingredients used in our products.

Capturing nature's abundance with native Indigenous Australian undertones.



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## CHIA BARS AVAILABLE IN SINGLE OR ASSORTED DISPLAY BOX



### CHIA & QUINOA

#### Nutrition Information

	Servings Per Package: 1		Serving Size: 40g	
	Ave. Per Serving (40g)		Ave. Per 100g	
Energy	809 kJ	2023 kJ		
Protein	8.4 g	21.0 g		
Gluten	Not Detected	Not Detected		
Fat (total)	14.2 g	35.4 g		
- Saturated	1.9 g	4.7 g		
- Trans	0.0 g	0.0 g		
Carbohydrate				
- Total	7.4 g	18.6 g		
Sugars	4.1 g	10.2 g		
- Dietary Fibre	4.8 g	12.0 g		
Sodium	5 mg	11 mg		

GI RATING OF 16 - LOW GI

**INGREDIENTS:** Sunflower Seeds, Pepitas, Sesame Seeds, Chia Seeds (12%), Organic Rice Syrup, Organic Puffed Quinoa (6%), Pure Maple Syrup, Tahini.

PK CONFIG	UNIT	BARCODE	WEIGHT
	SKU	9324414000304	40g
16x40g	Display Box	9324414001721	640g
6x16x40g	Shipper	19324414001728	3.84kg



### CHIA & CRANBERRY

#### Nutrition Information

	Servings Per Package: 1		Serving Size: 40g	
	Ave. Per Serving (40g)		Ave. Per 100g	
Energy	793 kJ	1983 kJ		
Protein	7.8 g	19.6 g		
Gluten	Not Detected	Not Detected		
Fat (total)	13.2 g	33.0 g		
- Saturated	1.8 g	4.4 g		
- Trans	0.0 g	0.0 g		
Carbohydrate				
- Total	9.8 g	24.4 g		
Sugars	5.4 g	13.5 g		
- Dietary Fibre	4.8 g	12.1 g		
Sodium	4 mg	11 mg		

GI RATING OF 18 - LOW GI

**INGREDIENTS:** Sunflower Seeds, Pepitas, Sesame Seeds, Chia Seeds (12%), Almonds, Organic Puffed Quinoa Cranberries (5%), Pure Maple Syrup, Organic Rice Syrup, Tahini.

PK CONFIG	UNIT	BARCODE	WEIGHT
	SKU	9324414000328	40g
16x40g	Display Box	9324414001738	640g
6x16x40g	Shipper	19324414001735	3.84kg



### CHIA & ALMOND

#### Nutrition Information

	Servings Per Package: 1		Serving Size: 40g	
	Ave. Per Serving (40g)		Ave. Per 100g	
Energy	815 kJ	2039 kJ		
Protein	8.2 g	20.6 g		
Gluten	Not Detected	Not Detected		
Fat (total)	14.2 g	35.4 g		
- Saturated	1.8 g	4.6 g		
- Trans	0.0 g	0.0 g		
Carbohydrate				
- Total	8.5 g	21.3 g		
Sugars	4.2 g	10.5 g		
- Dietary Fibre	3.9 g	9.8 g		
Sodium	6 mg	15 mg		

GI RATING OF 16 - LOW GI

**INGREDIENTS:** Sunflower Seeds, Pepitas, Sesame Seeds, Chia Seeds (12%), Almonds (10%), Organic Puffed Quinoa, Pure Maple Syrup, Organic Rice Syrup, Tahini.

PK CONFIG	UNIT	BARCODE	WEIGHT
	SKU	9324414000342	40g
16x40g	Display Box	9324414001745	640g
6x16x40g	Shipper	19324414001742	3.84kg



### CHIA & CACAO NIBS

#### Nutrition Information

	Servings Per Package: 1		Serving Size: 40g	
	Ave. Per Serving (40g)		Ave. Per 100g	
Energy	820 kJ	2050 kJ		
Protein	8.1 g	20.3 g		
Gluten	Not Detected	Not Detected		
Fat (total)	14.2 g	35.6 g		
- Saturated	2.6 g	6.5 g		
- Trans	0.0 g	0.0 g		
Carbohydrate				
- Total	7.6 g	18.9 g		
Sugars	4.1 g	10.2 g		
- Dietary Fibre	4.9 g	12.3 g		
Sodium	5 mg	12 mg		

GI RATING OF 16 - LOW GI

**INGREDIENTS:** Sunflower Seeds, Pepitas, Sesame Seeds, Chia Seeds (12%), Organic Rice Syrup, Cacao Nibs (6%), Organic Puffed Quinoa, Pure Maple Syrup, Tahini.

PK CONFIG	UNIT	BARCODE	WEIGHT
	SKU	9324414000335	40g
16x40g	Display Box	9324414001752	640g
6x16x40g	Shipper	19324414001759	3.84kg